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WHAT IS IT? A bitter tasting chemical liquid that acts as a central nervous system depressant. Several different chemicals are sold as GHB. Different variants can take longer to work.

WHAT DOES IT DO? Takes effect about 5-15mins, more strongly after 20-30 mins and lasts about 2-4 hours. At low doses, it makes you feel high, as more is taken, it acts like a sedative.

SIGNS OF OVERDOSE: Sweating, vomiting, breathing irregularly, inability to stand up, seizures, being unconscious (looks like being asleep).

REMEMBER: A small increase in dosage can cause a BIG increase in negative effects including overdose. There's no 'quality control' in GHB production so you never know what or how strong each batch will be. Avoid mixing GHB with other depressants like alcohol, Valium or marijuana. Wait plenty of time in between doses.

Someone who starts sleeping on GHB can overdose later on.
So stay with the person and check them often.
If they stop responding to you,
get help immediately.

GINA
GHB
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AVOID USING BY YOURSELF.

NEVER USE WITH ALCOHOL.

IF SOMEONE DROPS DON'T WAIT - CALL 000.